
FLIGHT OF THE PIONEER

We've all felt like an imposter at one time or another. Our knees knock before we speak because we know we might just make fools of ourselves. We're quite sure the board of directors will discover we're not the leaders/practitioners/associates they perceive us to be. As a mom or dad, we might feel like we are in way over our heads and everybody is going to find out that we aren't all that we seem to be.

*Through this Flight, you can learn to acknowledge these fears and frustrations with deep respect because they are the hallmarks of a pioneer. They are your catalysts for growth, signs that you want more out of life. Fill this out, and let's take a deeper look. Get ready to break through the limiting cycles in your system and tap into your *Pioneer DNA*.*

DISCOVERING YOUR PIONEER DNA

Write down what comes up for you when you ask yourself the following questions.

1. When did your feelings of being an imposter first kick in?

2. What did you tell yourself about that?

3. What did it stop you from doing?

4. What did it start you doing?

5. What do you do when that feeling comes up?

6. What do you tell yourself about that?

7. When you stand your ground and it turns out okay do you trust that or think you got away with it?

8. Who in your family might have felt the same way?

9. What might happen if you realized that you are the pioneer, not the imposter?

10. How might that change your life?

11. How might you make a difference?

REMEMBER...

Blessed are the pioneers. Because they dare, we grow.

To learn more about Pioneer DNA, schedule a [coaching session](#) or [attend a workshop](#).